

St. Patrick's Amor

Bi-monthly Magazine of St. Patrick's Academy, December - January 2020



2020

HAPPY NEW YEAR



New Year Greetings from Principal's Desk !!!

Bro. Paul Parecattil



Dear Patricians, I am sure all of us feel the transition from one year to another. This is a unique moment where we look back with gratitude to the good things that happened in our lives; but sometimes we also look back with a tinge of sorrow because we have not utilized our time and talents judiciously during the last 12 months. Whatever the ups and downs, the unexpected events, unprecedented challenges that we encountered in life certainly taught us the power of

the Benevolent Love of the Lord, and the lessons we learnt from the life situations will certainly serve as a Powerful Torch to light the future paths of life leading to our destiny. Come what may, God is an invisible but an active and ever vigilant companion for all of us, who call upon Him. I am sure in totality we have had numerous occasions to thank God for the good things we have experienced. Now at the threshold of a New Year we look forward in Hope, because nobody knows what to expect, but we need to trust in our creator and be assured that we are not alone in whatever happens in our lives.

Dear friends, I have no doubt whatsoever that your prayers, encouragement, sincere concern and affectionate love and care, made 2019 a grace filled year. As we usher in the New Year, I pray for God's blessings on each one of us & our families. May 2020 be a year filled with happiness & joy, contentment & success, good health & prosperity. I do certainly look forward to receive more Graces and blessings relying upon your priceless company and precious prayers in the New Year 2020.

May the Almighty God shower His Choicest Blessings upon each one of you, your loved ones and all your endeavors in the YEAR 2020 and make your life more meaningful, joyful and inspiring.

HAPPY NEW YEAR 2020!!!

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Patricians !!! The Heroes !!! Nothing is Impossible !!!

Inter - School Volley Ball Tournament ('Under 14 Boys')

Congratulations to our Volley Ball Team for grabbing 'Runner Up' place at the Inter-School Volley Ball Tournament held at BS International School, Bangalore on 13th December, 2019. Many Schools from in and around Bangalore participated in the tournament and gave our little Patricians an opportunity to face tough competition. Our Volley Ball team was grateful to their coach, Jagadeesh Sir and the School Management for providing them a wonderful opportunity to showcase their talent in Sports. Our Principal, Rev. Brother Paul P. and all other teaching and non-teaching staff congratulated the team and made them feel proud of their achievement.



'Hobitute Art In Me' - Inter-School Art Competition - Jury Award - 21st December 2019

The little Patricians represented our school at Inter-School Art Competition organized by 'Hobitute', Bangalore - on 24th November 2019. When the result was declared on 21st December 2019, the students of II D; Miss Raifah Nassem & Miss Avani Suraj received Jury Awards under Colouring category. It was under Painting category that Miss Anshika Singh of VII A received the Jury Award. The Patrician family congratulated the students for their achievement; which is definitely an encouragement to scale more heights. The Art teachers and the students expressed their gratitude towards the management for the given opportunity.



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Martial Arts Championship Winners - 14th Jan 2020

The students of St. Patrick's Academy won many medals in the martial arts championship (WHEN CHAMPIONS FIGHT – WUSHU CHAMPIONSHIP) held at Karnataka State level and organised by Global Indian International School. The award winners were felicitated by the school on 14th Jan 2020



Patricians... Champions in Volley Ball! - 22nd Jan 2020

Our Volley Ball team secured Championship title in the Inter-School Volley Ball Tournament under 'Grade VI & below' category (League cum Knock out Match). Master Joshua Philip Koshy of class VI B grabbed 'The Most Valuable Player' award. It was organised by Sharanya Narayani International School, Bangalore. Congratulations to the Team!



SOF Olympiad Winners

The winners of SOF international General Knowledge and English Olympiad were felicitated by the school on 9th Jan 2020.



Happy New Year 2020



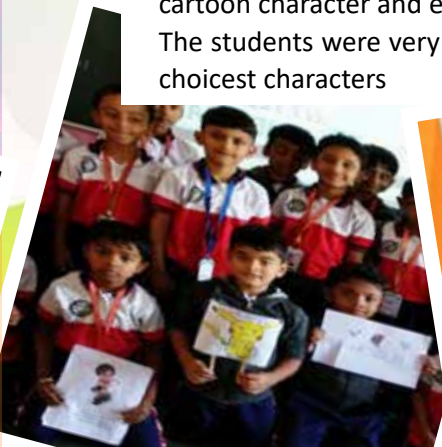
Christmas Celebration

Students of Kindergarten celebrated the spirit of Christmas on 20.12.2019 with vigour and zeal. They prayed, performed and danced to enjoy the day with Santa Claus. They also enjoyed the sweets given on this occasion. The day was marked with loads of fun, frolic and happiness.



Cartoon Day

Cartoon day was celebrated with much cheer and joy as the kids identified their favourite cartoon character and expressed the reason of their liking for that particular character. The students were very excited and left the teachers in awe as they spoke about their choicest characters



Cleanliness Day – 6th Jan 2020

Cleanliness day was celebrated on 6.01.2020. A mini walkathon was organised for the KG students. They went around the school exhibiting their love for mother earth, chanting slogans, like: Go Green, Stay clean, clean and green. They also discussed the various aspects of cleanliness and the importance of their role in it. Overall it was a great day of learning for kids



Book Day Celebration

Book day was celebrated on 13.01.2020. Students were told about the significance of reading. Students of Nursery and LKG, were dressed up in the costumes of their favourite story character and they brought with them their favourite story books to school. Students of UKG too got the books they liked and got the task of completing the slogan "Reading is fun because Overall a day of importance focussing on the need of reading for the students



Junior & Senior Section Dec - Jan



JAMBOREE, a carnival for the cause of charity was held at our school on 7th December 2019

The event was inaugurated by the Manager, Rev. Brother Christopher, followed by a welcome dance. The novices from St. Patrick Nivas with the Novice Master, Rev. Brother Christu Gnanaraj I. were present at the event. There were many programmes to facilitate the fund raising; raffle tickets, games, food stalls, ice cream buggies, scary house were a few to name. All the staff, management, students, parents and well-wishers participated in the event wholeheartedly and contributed towards it. Our Principal, Rev. Brother Paul P., thanked everyone for the generosity shown. The students were given an opportunity to exhibit their talents during the carnival and it was definitely a message to them that 'Charity begins at home, but shouldn't end there'.

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Patricians' Christmas Outreach Programs – 14th December 2019

Christmas is a season for sharing and reaching out to all those whom we care for. Keeping with the spirit of Christmas, the staff and students of St. Patrick's academy reached out to different children's homes in the neighbourhood. The Students from different classes visited - 'Thayi Mane', 'Navjeevan', 'MSMI' and 'Swanthana'. They also visited and spent time with the elderly at 'Ashabhavan'. The students handed over groceries, other food items, Stationeries and toiletries to all the institutions they visited. The fund for the same was raised through the JAMBOREE event.



National Mathematics Day Celebration - 7th January 2020

National Mathematics Day was celebrated by conducting special assembly on 7th January 2020 in St. Patrick's Academy. The students of Class V performed skit and Geometry dance to show the importance of Maths in day to day life. They also highlighted the contribution of great mathematicians like Srinivasa Ramanujan. The Principal Rev.Br. Paul P. also conveyed a message to the children that mathematics is the basic requisite to shine in any field in your life further.



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Christmas Celebration – 20th December 2019

St. Patrick's Academy Celebrated Christmas on 20th December 2019. The students of Snehasadan Boys home were invited for the program. Rev.Fr. Jeeva Rathanam from Snehasadan Boys home was the chief guest of the day. The programme began with a welcome dance; continued with a skit reminding the Manger Scene of Bethlehem

The students of Snehasadan boys home entertained the audience with the mind blowing cinematic dance. The chief guest, Rev. Fr. Jeeva, delivered the Christmas message to the gathering.

The Principal, Rev. Br. Paul, and the coordinators handed over a part of the Christmas out-reach contribution which was collected through the JAMBOREE event to Fr. Jeeva for the development of their students.

The celebration concluded with the gorgeous entry of Santa on a bike. The students received Christmas cake from their class teachers and left the school for their Christmas vacation.



'Pongal' Celebration

Pongal or Makar Sankranti is celebrated to mark the harvest festival in India. Special assemblies were conducted at St. Patrick's Academy, Bangalore on 14th and 16th January 2020 to celebrate Pongal. There were speech, dance performances and skit which showcased the meaning and importance of Pongal by the students of class IV and VII. Our Principal, Rev. Bro. Paul, enlightened the students with his wisdom and encouraged the students to appreciate the culture and heritage of our country. He also advised the children to get rid of all evil thoughts. The celebration helped the students to understand how Pongal – The Harvest Festival - is celebrated in different states of India, with different names and its importance.



Happy Birthday Rev. Bro Paul and Rev. Bro. Christopher!!!

The students and Staff celebrated the dual Birthdays of our Principal, Rev. Bro. Paul, and Manager, Rev. Bro. Christopher, on 17th Jan 2020. The Patrician family felicitated them with flowers, cards and performances by the student.



Happy New Year 2020

Republic Day Celebration

The 71st Republic Day was celebrated at St. Patrick's Academy. The National flag was hoisted by Rev. Bro. George Xavier, Deputy Congregational Leader of Brothers of St. Patrick. The students presented a skit which conveyed the importance of education, democracy and anti-corruption. They also performed a mime show which depicted the role of Indian Army in safeguarding our nation. Our Principal Rev. Bro. Paul addressed the students and enlightened the young Patricians with the significance of the Constitution and Rev. Bro. Christopher, motivated them to join Indian Army.

A Great Salute to Our Indian Army!!



Class Assemblies – Dec 2019 –Jan 2020

1. Class: IV, Date: - 3rd December 2019, Theme: 'World Computer Literacy Day'
2. Class: IIE, Date: - 10th December 2019, Theme:: 'Human Rights Day'
3. Class: VIII B, Date: - 2nd Jan 2020, Theme: 'You are the light of the world'
4. Class: II F, Date: - 10th Jan 2020, Theme: 'Help & Co-operate with Others'
5. Class: VII D, Date: - 20th Jan 2020, Theme: 'Team Work'
6. Class: I A, Date: - 21st Jan 2020, Theme: 'Think Before you Speak'
7. Class VI A, Date: - 22nd Jan 2020, Theme: 'The Patrician'



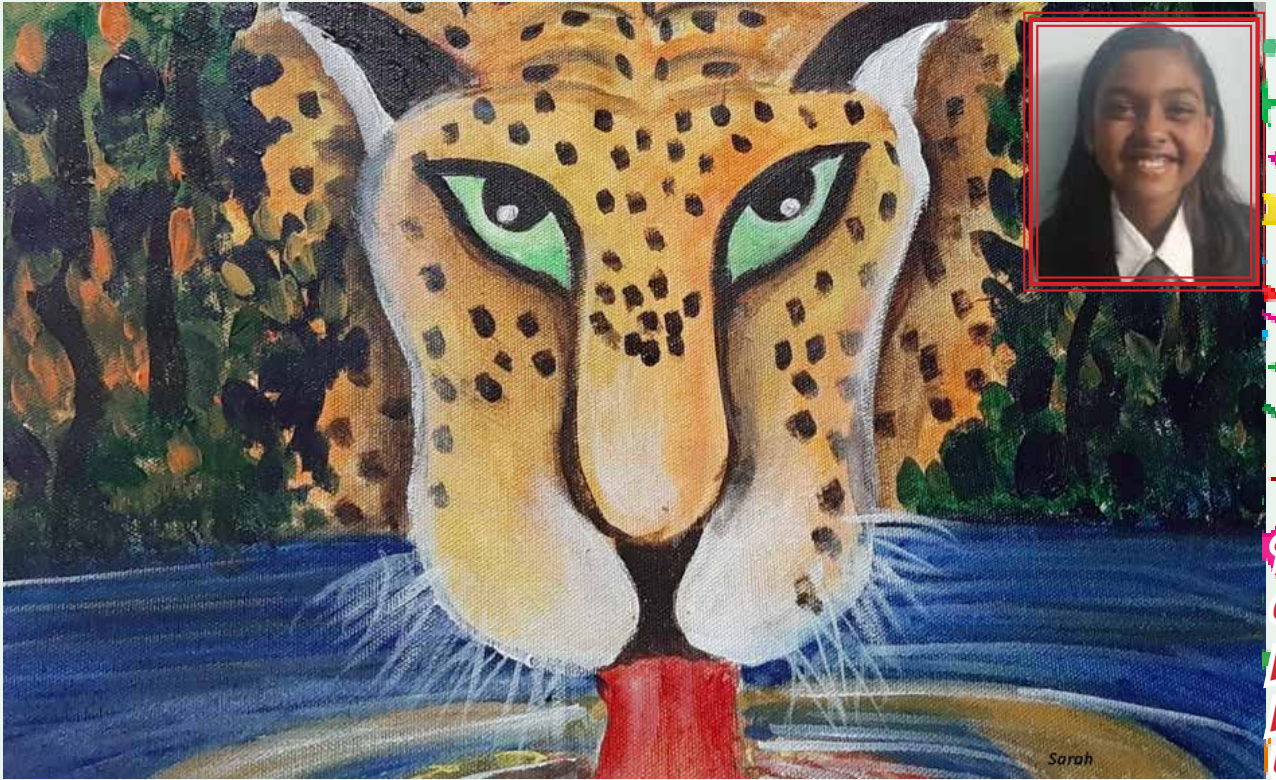
Happy New Year 2020

Happy New Year 2020



Patrician Talents

Painting by
Sarah Tito - VB



Canvas Painting By VB Students



Dhyana Sindhu Mandadi, Sarah Tito, Dia K Sudheesh,
Renaz Nazeem , Akshaya Koppolu, Ahana Singh.

My mother's silly brother

Nia Peter- VI D



I love my mother's silly brother,
We call him brother Uncle TOM.

He lives in Poland,
Named TOM HOLLAND.

He went to a beach,
Got bitten by a leech.
We children screeched,
And he preached about the leech.

Yes, kind of mad,
May be sad.
A cheerful lad,
And super rad.

He saw an ox,
He said it rocks.
And sat in a box,
When he got chicken pox.

I asked how his beard grows,
He simply said he'd water his toes.

My non-sense story ends right here,
Yes, I agree it's really weird.
Now I must go, to play with silly cousin JOE.
Who happens to be my foe!
Just because he bit my toe!!



WHAT RAIN TAUGHT ME

Emily Jitto - VI B



I looked up at the sky,
And saw the birds flying by;
They seemed to have sensed something,
But I didn't know anything.
I looked at the horizon,
And saw the clouds swollen;
The sky grey and flashing,
I was thinking about water splashing.
As soon as I looked up once again,
The raindrops came falling lightly;
I wanted to run and go home,
But a feeling told me not to.
Before long, there was a heavy downpour;
I was still there, enjoying every moment of it;
"Life's beautiful", I thought to myself,
And was happy not to fall sick.

TEARDROPS : OUR RAIN

Nora Benoy - VI C



TEARDROPS: OUR RAIN
I believe, there is a place.
Where a great leader lived,
He was honest, loyal and kind.
And His people were the best you could find

But one day he fell ill,
Really, very ill.
They said he would be fine
But few days later he died.
He didn't even say goodbye.
His people thought.
And they mourned over his loss,
For days & days they mourned over his loss.
Those tears that fell down from their eyes,
Is the rain that makes us glad.
It makes us happy,
But makes them sad.

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My Visit to Guruvayur Temple

Kerala, my native place, also known as “God’s own country,” is very beautiful with its magnificent backwaters, unique culture and traditions. Its varied demography has made Kerala one of the most popular tourist destinations in the world.

During my exams, my Grandparents had come to stay with us and when the Dussehra holidays started, we decided to visit the Guruvayur temple. We booked a hotel close to the temple. Though we were using GPS, we lost our way. We took help of a passer-by who guided us along our way to the hotel. Due to this, we reached the hotel late and it was already dark.

We decided to have a quick bath and visit the temple in the evening. We walked barefoot from the hotel to the temple. I felt sharp stones on my foot all along, but the excitement of visiting the temple in its grandeur acted like a balm soothing the pain.

On reaching the temple, I was amazed to see serpentine queues which started from the main temple and extended to almost a kilometre. Since it was Dussehra, the number of devotees visiting the temple had increased manifold. Nevertheless, we joined the queue hoping that we will get darshan. Just as we joined the queue, some temple guards with a placard that read “End of queue” stood behind us. This was to show that the queue ends there and no more devotees should join the queue.

The queue moved very slowly and I thought we were moving at the speed of a tortoise. Once we reached the main temple area, we had a wonderful darshan of Lord Krishna. It’s here, near the entrance to the sanctum of the temple that I saw a large bowl or “*ottu uruli*” full of “*Manjadikuru*” also known as Adenanthera Pavonina or Red Lucky Seed. It is believed that a devotee who places his hands in the ‘uruli’ and ploughs or stirs through the seeds three times is cured of all diseases and attains prosperity. I, along with my little sister, put our hands in the bowl and stirred through the seeds.

Just as we were doing this, we saw elephants being brought near the sanctum. Everyone was asked to move and stand behind the security chains as it was time when the elephants will be taken around the sanctum for puja. One of the temple’s priest climbed on top of the elephant. He had a Lord Krishna idol with him. As the elephant was taken around the temple, large number of devotees singing bhajans followed behind. I thought I was lucky to be at the main temple at the right time to witness all this.

Once we were done with the darshan, we collected the Prasadam and decided to return to our hotel as it had been a long and tiring day. But once again we lost our way in the temple as it was dark and the temple had multiple entry and exit gates. After walking around for some time, luckily we found a shop, which we had marked on our way in to the temple. From there, we found our way back to the hotel.

This was about my trip to the Guruvayur temple, which I think was both magical and adventurous.



'My First Public Speech'

Compiled by Thanushree Nair - VI D

Content by VI D Students - Nidhi Martha,
Lakshmi Nair, Catherine Joseph

It was my first public speech, I had to perform in front of thousands of people and four judges as it was an interschool Debate Competition at Greenwood High School. The school looked very grand and big, it had a very large stage and the chairs were arranged in a tricolour pattern. I had to learn my debate by heart, my friends helped me to practice it. The topic was "Mobile, a blessing or a curse"? Students from different schools had come. I was representing "St. Patricks Academy". I was waiting eagerly to deliver my debate and go home. I was thinking if I forget one word definitely I could not complete. Then my name was called, I felt nervous at the sight of the opponent. The host guided me to the stage. My hand turned cold and my heart was beating quick. I closed my eyes took a deep breath and prayed God. Then I started my debate. It was quite intense as my opponent was as good as me. I was speaking against the motion. Once I was done with, the host again guided me down from the stage. Now it was the time for prize distribution. My friends said my name was called, but I did not hear it, I saw everyone staring at me. Then I realised I had won, everyone congratulated me. I was happy but still lost in thought.





Which Stream to Choose after 10th for A Successful Career

Ms. Deepika Saxena (Counsellor)

The very first question that pops up in your mind after 10th is “what next?” After 10th you have to take some important decisions. If you don’t have an in-depth knowledge of all the career options available, you may end up choosing one which is not meant for you. A few common mistakes that student commits while making career decisions are:

- Sometimes they fail to identify the interest
- Be a part of rat race
- Choose a career path suggested by others

LET US INDIVIDUALLY LOOK INTO STREAMS STUDENTS CAN CHOOSE:

- **SCIENCE**- This is the most chosen stream for 10+2 education as it offers many career options like: medicine, engineering, architecture, bio- chemistry etc. This stream is also popular because it allows the students to select commerce

or arts after pursuing science in 10+2, while commerce and arts students cannot pursue science. In science stream, you have to select six subjects including one compulsory language. Options for subjects are like: mathematics, biology, physics, chemistry, computer science, electronics etc.

- **COMMERCE**- This is the second most popular choice among students. Commerce stream leads to career options like- investment banking, chartered accountant, company secretaries, financial advisor, management etc. Three major subjects taught in commerce are economics, accounts and business studies /law. Like science, in commerce also students have to select six subjects including one compulsory language (Mathematics, Statistics, English and Computer Science)
- **ARTS**- Although this stream is not so common but it's the best for those who find science and maths difficult. It also opens exciting career options like journalism, literature, psychology, political science, philosophy, economics, archaeology, law etc. The subjects that are taught in 11th and 12th standard to Humanities /Arts students are: History, geography, political science, psychology, sociology, economics, computer science and Language (English, Hindi and Sanskrit). Students need to choose four subjects along with language.

CRITERIA FOR CHOOSING CAREER OPTIONS:

- **GIVE ATTENTION TO YOUR APTITUDE, STRENGTHS AND PERSONALITY**- It's time to have a reality check before you choose a stream after 10th. If you are weak in science subjects (physics/chemistry/biology /mathematics), you may have tough time facing subjects in science stream. In that case next good option will be commerce or arts. Likewise, if you are very good at economics and statistics, business studies will prove beneficial to you.
- **PAY ATTENTION TO YOUR PASSION AND INTEREST - 'Do what you love'**. Learning something which doesn't interest you will make you feel unhappy and dissatisfied. Like- if you are interested in machines, you must take up science and after school go for courses like Engineering, B.Sc. Science. If, 9 AM to 5 PM job doesn't appeal you, probably you would like to run your own business. In that case commerce is the best stream for you. If you aim to be a lawyer or run an NGO, arts is the best option.
- **HAVE A THOROUGH KNOWLEDGE OF CAREER PROSPECTS AND SCOPE RELATED TO A STREAM** - Analyse each stream and check out the career prospects it holds for you. Most streams give access to diverse career opportunities. Try to understand what the future in that field will be like. Will the demand reduce in future? Is it highly vulnerable to recession?
- **TAKE ADVICE FROM EXPERTS** - Suppose you aspire to be a doctor, talk to a doctor and learn about their work environment, working hours, kind of cases and patients they deal with and after this analyse if you are capable of handling the stress related to the profession.

It might seem daunting, don't hesitate to seek advice from parents, teachers and career counsellors. Don't just choose any stream because your friends are choosing the same or because others hold a high opinion about it. Try to understand your strength, weaknesses, interest and aptitude. Career decision should be taken wisely as it plays vital role in shaping your future.



HAVE A GREAT LIFE AHEAD



Mrs Shari.V.K. (English Faculty)

New year's Resolution – A fresh new year is once again upon us. It's the time to be thankful for the blessings of the past year and at the same time take resolutions to achieve everything what we have planned for this year. New year is the perfect time to rearrange your goals in life and work towards them. So, set positive goals and place them, where you can see every hour of the new year. A time for a new beginning and fresh starts also comes with a time for reflection. We must always change, renew, rejuvenate ourselves so that new possibilities come on our way.

God created the great cosmos with the objective of progress and Harmony. Today individual thinking has become subjective, as a result the actions have also become subjective. The objective way of looking is taken away from the minds of the humanity. We need to reflect on our thoughts and deeds and correct them through our own efforts. This world is a place where we can encounter the great creation of God. Thank God for the people in your life - your parents, your neighbours, your teachers, your relatives, your friends and others who help you in some way or the other. Always smile to keep yourself energetic, set small goals for yourself and be sure to savour your words before you spit them out. May God release a fresh flavour over your life.

Let our New Year's resolution be this: We will be there for one another as fellow members of humanity, in the finest sense of the word.

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