



The St. Patrick's Amor

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St. Patrick's Academy Bengaluru - Newsletter | Jan - March 2022 | Issue No. I

PRINCIPAL'S MESSAGE



Warm Greetings to all.

It's the end of another academic year, like no other.... and we have learnt to walk through! The outbreak of the novel Corona Virus has created an unprecedented situation around the world. Human mind is no stranger to calamitous outbreak of diseases. However, this is the first viral outbreak of this nature and scale. This pandemic has put a lot of stress and pressure on all of us.

We the management and staff SPAB readily adapted to the rapid transformation in technological innovations and digitalization. Teaching through virtual classroom using effective technologies is exciting, dynamic and engaging experience as well as very different instruction paradigm. The interaction between students and teachers has indeed enhanced the process of lessons, white boards, graphic tablets, videos, audio lessons, quizzes etc.... And this had learning more interesting in each session. Undoubtedly, teachers had to put in significant effort towards planning these sessions.

We Patricians are full of positivity; we did not allow this pandemic to stop us from imparting quality education to our students. Apart from virtual teaching we had many virtual celebrations, assemblies etc.... We had investiture ceremony, National day of Importance, Teachers' Day, Children's Day, Christmas celebrations

which were witnessed by our students, parents and teachers. Virtual activities and competitions were conducted regularly which helped students to develop their interest and multiple talents.

"There is positive force behind every happening in our life." The only way to handle stress, tension, anxiety and pressure is to study and understand yourself. Train your mind to see the positive in everything. Life is a battle; one has to fight it fearlessly. Fight with confidence, positive attitude and determination. God helps those who help themselves even if you want God to help you; you got to take the first step yourselves.

There is a tendency with most of us to get pre-occupied with problems and difficulties that they face and in the process miss out enjoying the good moments. Make a proactive effort to look at the good things that happen on a daily basis and consciously move away from being stuck in the bad that exists or seems unsolvable. The more

one looks at a problem the bigger it appears to be. This makes it imperative that you discuss your problems with a limited few people, so that your constant focus is not on what is going wrong and you are able to keep shifting away from it towards the pleasant aspects of your work or studies.

We each have our own limitations and being aware of these is not about accepting defeat or giving up. It helps you realistically appraise the possibilities of your success in a particular situation which is crucial so that you can stay away from feeling negative about yourself or things you have not been able to accomplish. Look for the silver lining, there is always something positive in the negative. The same idea should apply to you. It is important for all of us to be able to look at the negative and the challenges, the disappointments and the criticisms as aspects which may have positive fallout for us. The moment we turn a negative into positive, a 'cannot' into a 'can', despite how difficult it may be to achieve, things do begin to appear better.

Learning to judge a situation for what it is, is very important for most of us, there is a tendency to over-value or under-value certain aspects of a situation which can make it seem especially good or bad. Either if these situations can be detrimental for your own self as it creates false impression of where one is and how things are.

I take this opportunity also to thank my Brothers of community, teaching, office and Auxiliary staff, parents and well wishers for their valuable support, encouragement and cooperation. We look forward to another Academic year that is both exciting and enriching. All that has happened and has been achieved could not become a reality without the help of the Almighty. I thank God for His constant guidance and blessings and having brought us safely to the end of this special year.

Thank you and God bless
Bro. George Joseph
(Principal)

HALL OF FAME

CONGRATULATIONS MISS. NANDHIKA A KUMAR !!



The tremendous victory of Miss. Nandhika A Kumar, a grade V student of our school, in the National Level Veer Gadha Contest organised by the Ministry of Defence collaborating with The Ministry of Education and My Gov. is celebrated as another crowning achievement for the school. Miss. Nandhika competed with over 8,03,900 students from 4788 schools in 28 states and eight Union territories to accomplish this great feat. Hats off to you, dear Nandhika. We consider this as a well deserving appreciation for your constant positive attitude, active participation in the curricular and co-curricular activities and educating yourself and inspiring others.

AWESOME INDEED!! - EXPERIENCE SHARED



PROUD PARENTS OF Miss. NANDHIKA; Mrs. DHANYA K.V & Mr. ANEESH KUMAR K.

**By Miss. Nandhika A. Kumar,
Grade V A**

‘VEERGATHA’ PROJECT CONTEST was an opportunity given by our government to all the students across India. For many years I have been very much fascinated to explore national security and defence strategies; also very keen to track the courageous people who sacrificed for our country. I submitted my project, and it went through different assessment levels by different committees followed by an interview. Finally the National level committee listed the “Super 25”. I was excited when they published the

“Super 25” list; Mine was one among them. I am really proud to represent our school and Karnataka state.

I would like to thank and appreciate the support which I received from the school and my parents to win this contest. The Winners- The “Super 25” s – 1 being one among them- were invited for a felicitation ceremony by the Ministry of Defence which has been postponed due to the pandemic.

FEEL PROUD MOMENT As parents, we are very proud of this achievement. Big thanks to our government for the motivation given to the young students. This is a message for all of us that our hard work and dedication will get recognized one day. The message that we would like to pass with all children at this moment is to continue with your hard work, dedication and be patriotic. Special thanks to the School Management and teachers for supporting her

ISC & ICSE SEMESTER I - RESULT ANNOUNCED

CONGRATULATIONS!!

ISC & ICSE Semester I results were announced on 7th February 2022 and our students passed the examination with flying colours.

The credit of this great success goes to the combined efforts of the management, staff, students and parents.

Congratulation dear Patricians, for the overwhelming victory.



REPUBLIC DAY CELEBRATION

St. Patrick's Academy, Bengaluru, as customary, celebrated Republic Day with pomp and show – in the way the prevailing situation could let. The tricolor was unfurled by the Principal of the Academy, Rev. Bro. George Joseph. The three coordinators were present with the office staff for the ceremony. The Principal availed the opportunity to help

the cadets and staff members present, recall the unstinted effort of the freedom fighters in getting us freedom and in course of time turning us into a republic. It is up to each of us to value that freedom and do our best for the nation, setting aside all parochial and myopic ideas which confine us to a miniscule, instead of the whole.



REPUBLIC DAY CELEBRATION

THE PASSING OUT CEREMONY OF THE NCC BATCH 2019-2022



The Passing Out Ceremony of the NCC batch 2019-2022

was held on 3rd March 2022 with the traditional grandeur and decorum. Principal Rev. Bro. George Joseph addressed the gathering and appreciated the comradeship, discipline, secular outlook, the spirit of adventure and the ideals of selfless service of the

cadets and exhorted them to contribute towards nation building. The speech and the skit presented by cadets on the day for the cause of social awareness made it an impressive ceremony.

Mr. Jagdeesh, the associate NCC officer, deserves our praise for the way the cadets turned up for the event on 4th May, 2022 for the final certification.

HAPPY B'DAY DEAR BRO. PASCA!



Life is too short to be lived counting the years. Just enjoy the ride and make awesome memories.

Keeping with the same spirit we all came together on the occasion of Rev. Bro. Pasca's birthday on March 5, 2022 a yet another important event for all patricians. Our principal Rev. Bro. George Joseph, Rev. Bro. Y. Joseph Melki Satheak, The office staff and the coordinators came together to celebrate the day. Rev. Brother Pasca cut the cake and everyone wished him an ocean of happiness and success to take him beyond his expectation. They all wished him a life that is long, light, happy, loving and full of blessings.



GRADUATION DAY & PRAYER SERVICE

The Graduation Ceremony and the Prayer service of the grades XII & X were held together on 25th March 2022 at the Delany Hall of St. Patrick's Academy. Students, dressed up to the nines, with candles in their hand, along with The Principal and their teachers, were received by the audience including parents and teachers, with a standing ovation. The Principal Rev. Brother George Joseph, in his motivational speech, appreciated the students for the enthusiasm they showed in their studies and moulding themselves into good human beings. The Senior School Coordinator Miss. Lucy Jacob wished good fortune and a good future to every student. Students remembered teachers and the school with grateful hearts for the everlasting influence they have in them. The cultural programmes and finally the photo session made the day remarkable.



ST. PATRICK'S DAY CELEBRATION

St. Patrick's Day has evolved to become a secular and global celebration of Irish culture. It is celebrated on March 17 every year. The day is recognized as the Feast of St. Patrick. On the day we remember St. Patrick, the patron saint of our school, who ministered to Christianity in Ireland during the fifth century. According to Irish legend, Saint Patrick used the shamrock as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.

We began the celebration by conducting a morning assembly with the blessings of St. Patrick. Our Principal Rev. Bro. George Joseph addressed the assembly and a special gathering for the staff was conducted wherein the first Principal of the school, Rev. Bro. Britto M. marked his presence. A prayer was dedicated for all, followed by cake cutting. A short video was presented by Rev. Bro. Y. Joseph Melki Satheak which encompasses the footprints of Patrician Brothers across the country in various dimensions. The celebration concluded with a sumptuous afternoon lunch.



STAFF PICNIC

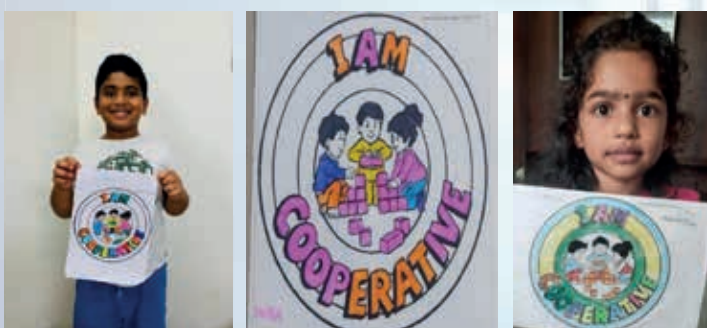
"Every now and then, go away, have little relaxation for when you come back to work your judgement will be surer." Leonardo Da Vinci

A Picnic to Shilhaandara Resort, Ramnagar was organised on March 26, 2022 for the staff of our school. Majority of the staff could add their sprightly presence to the occasion. It was a day outing infused with amusement, pleasure, leisure and relaxation. Everyone enjoyed the recreation activities at the resort along with a dip in the cool swimming pool to beat the heat of the scorching sun. Teachers also grabbed the opportunity to jig and jive to the foot tapping music during the mist dance. Overall, a jazzed up day which will stay alive in our memories forever.



COMPETITION & ACTIVITIES

KG SCHOOL

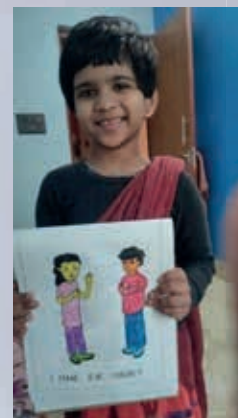


I Cooperate Day:

Cooperating is all about helping one another. We celebrated 'I cooperate day' on 5th January 2022. Videos demonstrating the importance and value of cooperation were shown and one colouring activity was given to help the children appreciate and imbibe the true essence of cooperation.

I Make Eye Contact Day:

Just by looking into a child's eyes, gives you access to an intense level of communication. A special day dedicated to the concept was celebrated on 12th January. By establishing proper eye contact the children will learn to develop a healthy relationship with their parents, siblings, and peers. The concept was supported with videos and colouring activities.



I Use Manners and Follow Directions:

Children are just like sponges, and there comes a point when they may develop difficulties in following directions. Especially, when they begin to explore their independence and begin to develop a self-image. Hence, a special day was dedicated to elaborate the importance of following directions on 19th January. It is absolutely essential to learn firm, consistent, warm, and assertive ways to use good manners and follow directions. The children watched a special moral story after the discussion.

Let's Greet Everyone Day:

As we all know that greetings set the tone for all social interactions. Teaching a child how to greet people helps to develop their social skills and act as a stepping stone to navigate into the outside world. A day dedicated to help them inculcate mannerism was celebrated on 1st February. Hence, children were shown inspiring videos with songs and stories and were asked to complete a colouring activity.



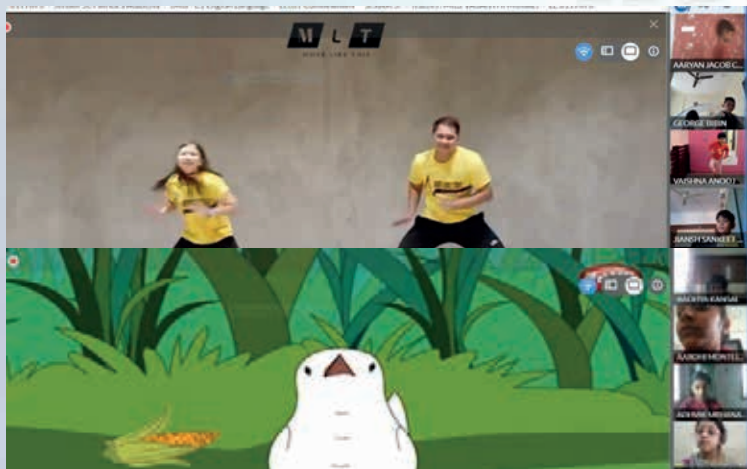
Let's Be Independent Day:

Taking responsibility for their actions is an important virtue that should be inculcated in children. Gaining more independence without parents will instil confidence in abundance and the kids will be self-reliant. This was the sole motto of celebrating the day on 8th February by incorporating song and socks and handkerchief folding activity.

Let's Listen Carefully and Obey Day:

While obedience is an act of faith, it's equally essential to listen carefully to the instructions given to achieve greater goals in life. A day dedicated to this concept was celebrated on 15th February. A special story narrated to the children to stay inspired and obey their elders at all times.





Let's Look at the Bigger Picture Day:

If you don't take the time to get clear about what you're trying to accomplish then you won't be able to achieve success in your work. At the same time, you may stumble upon your path but looking at the bigger picture and purpose, you must not stop and continue to dream bigger is the thought we shared with our little ones on 22nd February. An inspiring video was shown to elaborate the thought.

JUNIOR SCHOOL

Mental Math

Learning Mental Math strategies helps children develop their concentration, memory, and problem solving skills. The junior school conducted the Mental Math Activity on 12th February, 2022 through NLP. Many students participated actively and enjoyed the activity.



Show & Tell

The Show and Tell competition was held on 8th January, 2022. The main objective of this competition was to develop skills like observation, imagination and expression among the students. Students of class I to V participated enthusiastically. It was a wonderful experience for all of us to see such creativity in our students.

Collage Making

A collage making competition was conducted for class III - V on the topic 'Nature and You', on 26th February, 2022. Students did their best and created amazing collages, showcasing real joy, expressing love to nature. Children enjoyed the activity a lot because it was a completely new concept for them.



Fancy Dress

Playing dress up begins at the age of five and truly never ends. A Fancy Dress Competition was held on 6th February, for class I and II via Google Meet. The students participated in huge numbers and showcased their versatility with the help of the character chosen. The effort and hard work of the children and parents were highly praised by their teachers.

SENIOR SCHOOL

Shark Tank

Shark Tank Competitions for the different sections of class VIII were held on 24th and 25th of February 2022. The students participated in the competition with enthusiasm and brought in brilliant ideas. Some made working models to advertise their products and had a great impact on the sharks. Their presentation skills and creativity left the sharks spellbound.



Story Writing

If we can't go about in glory, Let's peep inside and write a story!! A story writing competition was organised on 22nd Feb 2022 for class VII with an intent to explore and enhance the writing abilities of our dear Students. The response was overwhelming and several entries were received with appreciable content.

Declamation

It is important to have an eye on the healthy and meaningful viewpoints in today's global topics by various personalities and to develop the skill of presentation of such thoughts in an impressive way. In order to achieve this aim, a declamation competition was held for the students of class VI on 23rd Feb 2022. The enthusiastic and active participation as well as the amazing and impressive performance of our students encouraged us to conduct many such programmes in future.



PATRICIANS' TALK

'HOPE- THE MELODY OF FUTURE'

TUTU & HOLLY

There is a house with a big garden and with a guava tree.

A boy named Tutu lives there.

He goes to see if there are any fruits, but no fruits.

One day he saw a squirrel "Holly" Eating them.

From then on Tutu stopped plucking fruits - Tutu and Holly became friends

Story by Mstr. Auro Sharat, UKG B
(With Parents' support.)



MSTR. AURO SHARAT
UKG B

THERE WILL BE A BETTER TOMORROW...

To me, hope is the belief that keeps our soul alive, happy and excited. Without hope, the world will become a dull place...I hope there will be a day when I will be able to do something special which will help the world and people (like inventing a medicine that will cure people of snake-bites). I also hope India will be free from deadly coronavirus soon, allowing us to enjoy our lives more freely. I would like to see a much greener, cleaner and more peaceful world and I hope my hopes come true one day!



MSTR. AADRITH BORAH
I C



MSTR. KARTHIK ROSHAN.G
VE

ENJOY THE LITTLE THINGS IN LIFE.

Enjoy the little things in life.
Cut out all the negativity like cutting with a knife.
looking at the past is always nostalgic
But looking forward and working hard towards
Future with hope is logic,
I have hope in my future
it's like a fine melody,
it gives more joy and takes me out of
melancholy,

"LEAP OF FAITH"

Hope is the ability To hear
The melody of the future
Faith is the courage,
to dance to it today's.



MISS. JHANVI.K.S
VI A

Faith doesn't know
what the future holds,
but it knows who holds
the future.

The future belongs to those
who believe in the beauty
of their dreams.

Our dreams are the first step to success.
Dream for a better future
than the history of the past.

Holding onto hope gives us a chance to greater success

HOPE IS ALL THAT I NEED.

Hope is what makes me succeed.

Hope for the days get better.

Hope for a friend's handwritten letter.

Hope, for the sound of a lover's voice.

Hope for the day you rejoice.

Hope, it pushes me to my goal.

Hope, the feeling that makes me feel whole.



MISS. GAYATHRI PRATEESH
VII E

HOPE LIES IN COURAGE !!!



MISS. DEVIKA MANOJ
VIII A

"Hope is the melody of the future. Faith is dancing to that melody right now."-Lysa TerKeurst. This is one of my favourite proverbs. The content means a lot, an optimistic future is something we all are eagerly waiting and hoping for. Everyday is not always great, there are days where we are blissful, there are also days where we are disconsolate. We all pass through difficulties in our life, but we all survive it to achieve our dreams. We all dream, then we hope, then we work hard to achieve our dreams and then we get a successful future.

I HOPE

That we can live in our past.
I hope
That we can meet our playmates.
I hope
That we can travel the whole world.
I hope
That we can understand the world.
I hope
That this all gets over.
I hope
That we get to live together.



MISS. SEJAL CLASS
VII A

I hope
That the world doesn't need to cover its face.
I hope
To see new things.
So,
I hope
That we can all follow the rules,
That keeps us safe.
So that,
We all can have hope for the future.

THE BITTERSWEET MELODY OF HOPE

Hope, such a simple word,

Yet, it bears a million meanings;
It may be the touch of a loved one,
Perhaps even casual greetings.

Hope may not be as innocent as it seems,

So tread gently through this strange world;
A ray of light, or perhaps a scarlet gleam?
I'll be your guide to happiness, so remember my words;

Oh, do not fret, young soul,

When you're buried deep in the depths of despair;
You will harden as you grow old,
So wear a smile, let free the burdens that you Bear

Cherish what you have, embrace the ones you hold dear,

It may not last long, so hold it close to you;
A little warmth is all you need, and all worries disappear,
Wilted flowers fade away, and new ones bloom.

So sing, oh, sing aloud,

The bittersweet melody of Hope.



MSTR. AYUSH P SINGH
VII E

A WORLD I SEE

I look forward to seeing a world
with no mask on!
We play holding hand in hand

The day we share, play, study
and have fun together...

Is the day where we will be free
In hope to see this happen soon
We need to wait it out together.



MISS. IHA DAS
IV A



LIGHT ME UP !!!!!

Once at night time, four candles were burning in a room and they started talking to each other.

The first one said, "I am the candle of peace but at present there is catastrophe and robbery everywhere. It seems like I am no more needed. So I will extinguish. Saying this the first candle gets extinguished.

The second candle said, "I am trust and today there are lies and deceit everywhere. I don't think I am needed any more.... therefore, I am also leaving. Saying that the second candle also got extinguished.



MISS. YAMINI BHATIA
COORDINATOR - KG SCHOOL

Listening to both, the third candle sadly said "I am love and I have the power to keep burning but today no one has time for me. People are even forgetting their loved ones. I cannot bear all this so I am also leaving this world .Saying this the third candle also got extinguished.

Just then an innocent boy entered the room and exclaimed in surprise. "Why didn't you three burn till the end?" How can you leave like this?

At this the fourth candle said to the boy, Dear child, don't be sad. I am hope and while I am burning you can light the rest of your candles again.

Hearing this the child's eyes sparkled. He lifted the candle of hope and lit all the three candles of peace, trust and love .

WHEN EVERYTHING LOOKS BAD AND THERE IS DARKNESS ALL AROUND, DON'T GIVE UP HOPE BECAUSE IT HAS THE POWER TO BRING BACK EVERYTHING YOU HAVE LOST. (Source: Moralstories26.com)

HOPE- A POWERFUL FORCE



MISS. JUHI SRIVASTAVA
CLASS TEACHER, V D

Hope is a virtue that enlightens our path and enables us to move forward in life. It gives strength to move ahead with optimism. It is hope which keeps us alive during struggle and uncertainties. It gives the energy and enthusiasm to carry out our responsibilities with ease. Do not leave hope even in times of pain and despair. It will help in sailing smoothly through the hardships of life.



MISS. MITHU J.M.
CLASS TEACHER, II E

'HOPE – AN INFINITE GIFT'

Hope is one of the most important and powerful emotions that every individual experiences. Hope brings us forward in life, provides hope for the future, makes us feel better about ourselves and our lives. Without hope, we may as well give up on life due to the fact that we will never regain what has been lost or lost again. Hope is what gives meaning to life, it allows us to get an understanding of things we may not have before, and most importantly it allows us to continue living on despite everything we go through in life. Most would agree that without trust there would be no hope.

CAMPUS PULSE - WE ARE BACK AGAIN!!

"School Bells are Ringing Loud and Clear;
Bye Bye Virtual; Welcome Actual,
School is here."



"He who has health, has hope; and he who has hope has everything." –Thomas Carlyle

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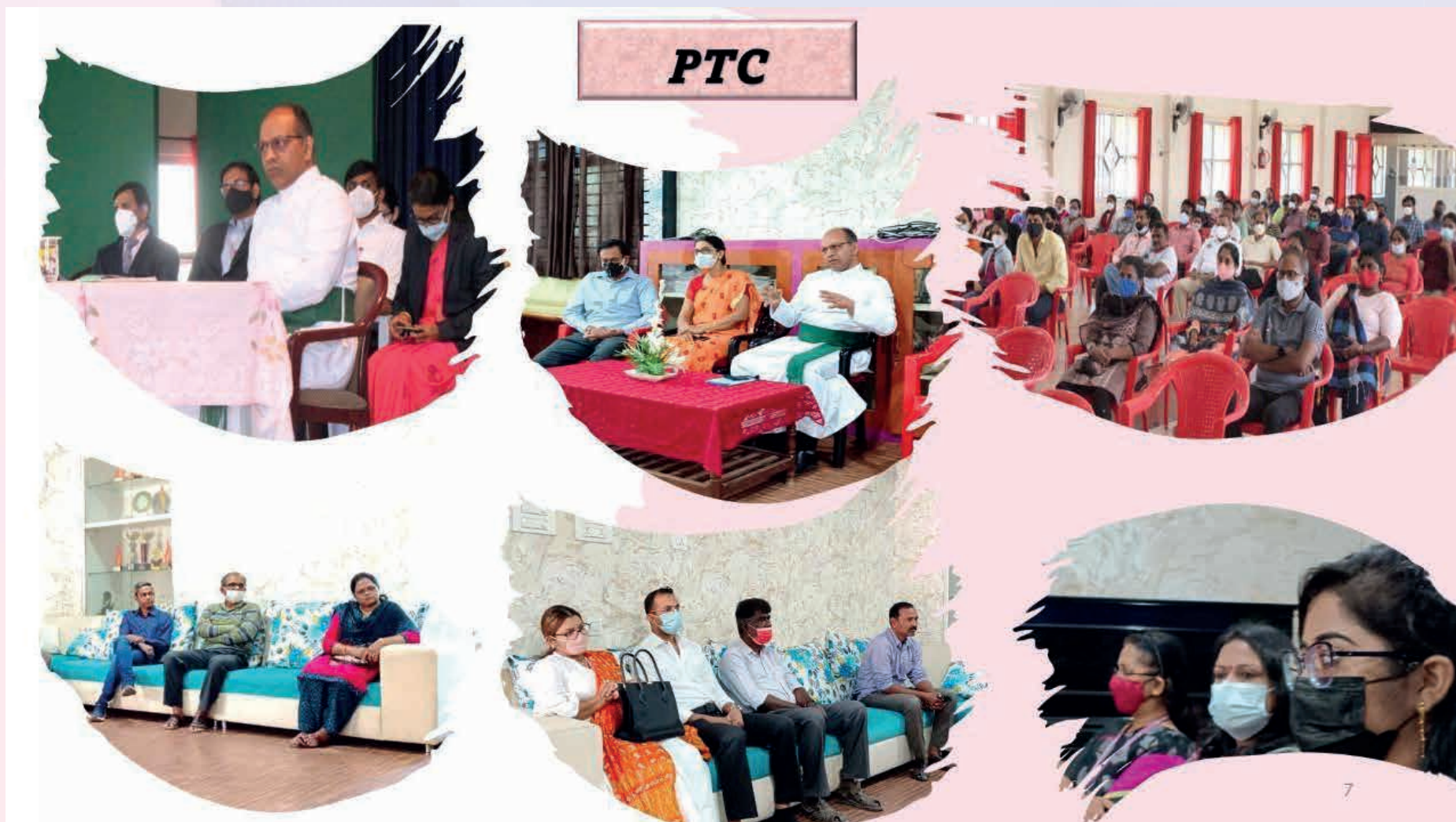


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CAMPUS
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INNOCENT TALES



SPLASHES OF H.O.P.E

Having Outstanding Pride in Education

Holding On Peace/Prayer Expectantly

Holistic Observation of Passion and Enthusiasm

Harmoniously Optimising Positive Energy



“Dear 2022-2023,
We Hope for Your Melody!!
Team SPAB”